

Saint Nicholas Lunch Week Three





Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Bacon / Sausage / hash brown	Bacon / Sausage / hash brown	Bacon / Sausage / hash brown /	Bacon / Sausage / hash brown /	Bacon / Sausage / hash brown /
/ beans / egg	/ beans / egg	beans / egg	beans / egg	beans / egg
Selection of Pastries	Selection of Pastries	Selection of Pastries	Selection of Pastries	Selection of Pastries
Pancake bar	Pancake bar	Pancake bar	Pancake bar	Pancake bar
Porridge bar	Porridge bar	Porridge bar	Porridge bar	Porridge bar
Assorted Yogurt pot	Assorted Yogurt pot	Assorted Yogurt pot	Assorted Yogurt pot	Assorted Yogurt pot
Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit
Lunch	Lunch	Lunch	Lunch	Lunch
Curried vegetable & rice soup	Parsnip soup	Tomato & Basil Soup	Broccoli soup	Sweet potato soup
			Primary	Primary
	Primary	Primary	Cottage pie topped with crushed	Fish fingers / Hot dog in bun
Sustainable Monday	Five spice pork & vegetables	Roast chicken & gravy	potatoes	
Pasta with selection of sauces	with pineapple & honey			Main Course
D 1 0		Main Course	Main Course	Battered fish / Hot dog in bun
Pasta Sauces	Main Course	Roast chicken & gravy	Cottage pie topped with crushed	V
Tomato & fresh basil	Five spice pork & vegetables	Variation Ontion	potatoes.	Vegetarian Option
Chanish alive papriles ?	with pineapple & honey	Vegetarian Option	Vegetaries Onties	Vegetarian burger with sliced tomato & lettuce
Spanish olive, paprika &	Vegeterien Ontion	Root vegetable crumble	Vegetarian Option Pitta topped with feta, tomato,	tomato & lettuce
roasted pepper sauce	Vegetarian Option Quorn, vegetable & mixed	PASTA OF THE DAY	spinach & squash.	Jacket Potato Station
Meatless mince lasagne	bean tortilla pie	Pasta with tomato & oregano	Spiriacii & squasii.	Jacket Potato Station Jacket, squash, cheddar cheese
Weatless Illilice lasagile	bean tortilla pie	sauce	PASTA OF THE DAY	Jacket, squasii, cheddai cheese
	PASTA OF THE DAY	Sauce	Pasta with tomato & oregano	Vegetables & Sides
Jacket Potato Station	Pasta with tomato & oregano	Jacket Potato Station	sauce	Chips, fried onions, American
Jacket, squash, Cheddar	sauce	Jacket, squash, cheddar cheese	Sados	mustard, garden peas, beans
cheese,	0.3.3.0		Jacket Potato Station	mactar a, gar acr. peac, cearre
,	Jacket Potato Station	Vegetables & Sides	Jacket, sweet potatoes, cheddar	Dessert
Vegetables & Sides	Jacket, sweet potatoes,	Roast potatoes, broccoli,	cheese	Fresh Cut Fruit
Garlic slice, green beans,	cheddar cheese	carrots, beans		Yoghurt pot
beans		,	Vegetables & Sides	Jelly pot
	Vegetables & Sides	Dessert	New potatoes, roasted mixed	
Dessert	Braised rice, savoy cabbage,	Chocolate rice Krispies topped	vegetable, beans	
Mixed berry mousse	sweetcorn beans	with marshmallow		
	Dessert		Dessert	
	Vanilla & chocolate chip		Homemade Fruity flap jack	
	sponge & custard			