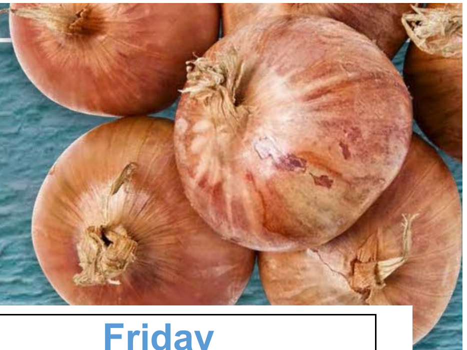
Saint Nicholas Lunch Week One

MENU



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**
Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**
Winter vegetable broth & lentil **Sustainable Monday** Pasta with selection of sauces **Pasta Sauces** Tomato & oregano Mushroom, courgette & feta cheese pasta bake Vegetable sausage casserole bake topped with mash potato **Jacket Potato Station** Jacket, squash, cheddar cheese, **Vegetables & Sides** Garlic slice, sweetcorn. **Dessert** Chocolate Brownie	Roasted swede & baby spinach **Primary** Mild chicken madras **Main Course** Mild chicken madras **Vegetarian Option** Mild Thai aubergine, broccoli, pepper & lentil curry **PASTA OF THE DAY** Pasta with tomato & oregano sauce **Jacket Potato Station** Jacket, sweet potatoes, cheddar cheese, beans **Vegetables & Sides** Braised rice, roasted cauliflower, green beans. **Dessert** Apple pie & custards	Parsnip soup **Primary** Roast Gammon **Main Course** Roast Gammon **Vegetarian Option** Sweet potato, butternut, spinach & cauliflower Filo pie **PASTA OF THE DAY** Pasta with Tomato & oregano sauce **Jacket Potato Station** Jacket, squash, cheddar cheese, beans **Vegetables & Sides** Roast Potatoes, broccoli, carrots. **Dessert** Mixed berry yogurt topped apricot puree and fruity granola	Butternut **Primary** Braised chunky beef, carrot & baby onion pie **Main Course** Braised chunky beef, carrots & baby onion pie **Vegetarian Option** Vegetable mince & butter bean Taco boat & sour cream **PASTA OF THE DAY** Pasta with Tomato & basil sauce **Jacket Potato Station** Jacket, sweet potatoes Cheddar cheese **Vegetables & Sides** Roasted new potatoes, corn on cob, green beans. **Dessert** Pear & toffee crumble & cream	Tomato soup **Primary** Fish Fingers or Battered chicken burger **Main Course** Battered fish or Battered chicken burger **Vegetarian Option** Mac N cheese **Jacket Potato Station** Jacket, squash, cheddar cheese, **Vegetables & Sides** Chipped Potatoes, Garden Peas, sliced tomato, sliced cheddar. **Dessert** Fresh Cut Fruit Yoghurt pots Jelly pots