



# Saint Nicholas Lunch Week Two

# MENU



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Pea & mint soup	Sweet potato & coconut Thai soup	Carrot & orange	Cauliflower soup	Roasted vegetable soup
<b>Sustainable Monday</b>	<b>Primary</b>	<b>Primary</b>	<b>Primary</b>	<b>Primary</b>
	Chicken thigh with madras sauce	Pork sausages & onion gravy	Beef macaroni cheese bake	Hot dog or jumbo fish finger
<b>Pasta Sauces</b>	<b>Main Course</b>	<b>Main Course</b>	<b>Main Course</b>	<b>Main Course</b>
Tomato & fresh basil	Chicken thigh with madras sauce	Pork sausages & onion gravy	Beef macaroni cheese bake	Hot dog or battered fish
Creamy Mushroom & roasted vegetable pasta bake topped with mozzarella cheese	<b>Vegetarian Option</b>	<b>Vegetarian Option</b>	<b>Vegetarian Option</b>	<b>Vegetarian Option</b>
Thai Cauliflower, sweet potato & aubergine coconut curry	Spinach, roasted broccoli & butternut squash taco boat topped with Greek yoghurt	Moroccan falafel cup with roasted vegetable topped with homemade humous	Smoked butterbean puree & roasted vegetable flat bread	Pitta pizza topped with plum tomato, red onion & feta
<b>Jacket Potato Station</b>	<b>Jacket Potato Station</b>	<b>PASTA OF THE DAY</b>	<b>PASTA OF THE DAY</b>	<b>Jacket Potato Station</b>
Jacket, sweet potatoes, Cheddar cheese	Jacket, squash, Cheddar cheese	Pasta with tomato & basil sauce	Pasta with tomato & oregano sauce	Jacket, sweet potatoes, Cheddar cheese
<b>Vegetables &amp; Sides</b>	<b>Vegetables &amp; Sides</b>	<b>Jacket Potato Station</b>	<b>Jacket Potato Station</b>	<b>Vegetables &amp; Sides</b>
Garlic slice, Noodles, green beans, beans	Braised rice, carrots, sweetcorn kernels, beans	Jacket, sweet potato, Cheddar cheese	Jacket, squash, Cheddar cheese	Chips, beans, peas, tartare sauce, ketchup, mustard, fried onions
<b>Dessert</b>	<b>Dessert</b>	<b>Vegetables &amp; Sides</b>	<b>Vegetables &amp; Sides</b>	<b>Dessert</b>
Chocolate chip short bread	Orange Drizzle slice	Mashed potato, peas, Cauliflower cheese, beans	Roasted new potato, roasted vegetables, beans	Fresh Cut Fruit Platter
		<b>Dessert</b>	<b>Dessert</b>	Greek Yoghurt pot
		Jaffe cheese cake cup	Apricot slice	Jelly pot