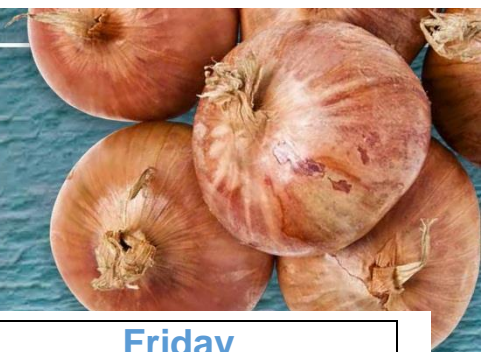




Saint Nicholas Lunch Week One

MENU



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit
Lunch	Lunch	Lunch	Lunch	Lunch
Summer Tomato & oregano Sustainable Monday Pasta with selection of sauces Pasta Sauces Tomato & fresh basil Baby spinach & vegie mince ragu Quorn & vegetable noodle chow Mein with sweet chilli sauce Jacket Potato Station Jacket or sweet potatoes Cheddar cheese, Vegetables & Sides Garlic slice, roasted vegetables Dessert Summer strawberry Mousse cup	Spring vegetable & spinach Primary Spanish chicken in tomato sauce with roasted pepper & chopped olive. Main Course Spanish chicken in tomato sauce with roasted pepper & chopped olive. PASTA OF THE DAY Pasta with Tomato & oregano sauce Vegetarian Option Sweet potato, pumpkin & baby spinach curry Jacket Potato Station Jacket or squash, Cheddar cheese, beans Vegetables & Sides Roasted rosemary potatoes, roasted cauliflower, green beans Dessert Chocolate chip slice	Curried coconut soup Primary Roasted pork shoulder Main Course Roasted pork Shoulder Vegetarian Option Vegetarian mince tortilla pie topped with Greek yogurt & crunchy nachos PASTA OF THE DAY Pasta with Tomato & oregano sauce Jacket Potato Station Jacket or sweet potatoes, Cheddar cheese, beans Vegetables & Sides Roast Potatoes, broccoli, carrots Dessert Carrot & pumpkin seed cake	Carrot and coriander soup Primary Mild Mexican beef burrito Main Course Mexican braised beef taco PASTA OF THE DAY Pasta with Tomato & basil sauce Vegetarian Option Cheddar, feta, spinach & leek tart topped with tomato salsa Jacket Potato Station Jacket or squash, Cheddar cheese, beans Vegetables & Sides Braised rice, taco, corn on cob, Dessert Marble cake topped with chocolate drizzle	Spring vegetable soup Primary Fish Fingers or breaded chicken burger Main Course Battered fish or breaded chicken burger Vegetarian Option Margarita Pizza Jacket Potato Station Jacket, sweet potatoes, Cheddar cheese, beans Vegetables & Sides Chipped Potatoes, Garden Peas, beans Dessert Fresh Cut Fruit Greek Yoghurt pots Jelly pots