



# Saint Nicholas Lunch Week Three

# MENU



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Tomato & Basil Soup  <b>Sustainable Monday</b> Pasta with selection of sauces  <b>Pasta Sauces</b> Tomato & fresh basil  Creamy mushroom  Spinach, sweet potato & broccoli lasagne  <b>Jacket Potato Station</b> Jacket, squash, Cheddar cheese,  <b>Vegetables &amp; Sides</b> Garlic slice, Sweetcorn, beans  <b>Dessert</b> Banana whip topped with Oreo biscuit	Roasted Carrot & honey soup <b>Primary</b> Paprika pork, bean & pimento  <b>Main Course</b> Paprika pork, bean & pimento  <b>Vegetarian Option</b> Sweet N sour Quorn & vegetables  <b>PASTA OF THE DAY</b> Pasta with tomato & oregano sauce  <b>Jacket Potato Station</b> Jacket, sweet potatoes, cheddar cheese  <b>Vegetables &amp; Sides</b> Brown rice, roasted vegetable, cauliflower, beans  <b>Dessert</b> Mixed berry slice	Curried vegetable & rice soup  <b>Primary</b> Roast chicken & gravy  <b>Main Course</b> Roast chicken & gravy  <b>Vegetarian Option</b> Vegetable sausage toad in the hole & gravy  <b>PASTA OF THE DAY</b> Pasta with tomato & oregano sauce  <b>Jacket Potato Station</b> Jacket, squash, cheddar cheese  <b>Vegetables &amp; Sides</b> Roast potatoes, broccoli, carrots, beans  <b>Dessert</b> Jam slice	Broccoli soup <b>Primary</b> Ham hock, apple, baby onion & leek pie  <b>Main Course</b> Ham hock, apple, baby onion & leek  <b>Vegetarian Option</b> Pea, broccoli, lentil & butterbean curry  <b>PASTA OF THE DAY</b> Pasta with tomato & oregano sauce  <b>Jacket Potato Station</b> Jacket, sweet potatoes, cheddar cheese  <b>Vegetables &amp; Sides</b> New potatoes, sweetcorn, green beans, beans  <b>Dessert</b> Homemade Fruity flap jack	Courgette & paprika soup <b>Primary</b> Fish fingers / Beef Burger in bap  <b>Main Course</b> Battered fish / Beef Burger in bap  <b>Vegetarian Option</b> Vegetable hot dog in a bun  <b>Jacket Potato Station</b> Jacket, squash, cheddar cheese  <b>Vegetables &amp; Sides</b> Chips, burger cheese, lettuce, sliced tomato, fried onions, garden peas, beans  <b>Dessert</b> Fresh Cut Fruit Yoghurt pot Jelly pot