



Saint Nicholas Lunch Week One

MENU



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit
Lunch	Lunch	Lunch	Lunch	Lunch
Tomato & Basil Sustainable Monday Pasta with selection of sauces Pasta Sauces Tomato & fresh basil Vegetable mince ragu Ricotta, cherry tomato & zucchini pesto sauce Jacket Potato Station Jacket, squash, cheddar cheese, Vegetables & Sides Garlic slice, roasted vegetables, beans Dessert Chocolate Brownie	Butternut squash Primary Chinese coconut & lemon chicken Main Course Chinese coconut & lemon chicken Vegetarian Option Roasted broccoli, aubergine, baby spinach & chickpea curry PASTA OF THE DAY Pasta with tomato & oregano sauce Jacket Potato Station Jacket, sweet potatoes, cheddar cheese, beans Vegetables & Sides Jacket, sweet potatoes, cheddar cheese, beans Vegetables & Sides Braised rice, roasted cauliflower, steamed cabbage, beans Dessert Vanilla slice with fudge sauce	Cauliflower soup Primary Roast pork loin Main Course Roast pork loin Vegetarian Option Sweet potato, butternut & cauliflower taco boat PASTA OF THE DAY Pasta with Tomato & oregano sauce Jacket Potato Station Jacket, squash, cheddar cheese, beans Vegetables & Sides Roast Potatoes, broccoli, carrots, beans Dessert Toffee cheese cake cup	Carrot and coriander Primary Mild chilli con carne Main Course Chilli con carne Vegetarian Option Roasted pepper, vegetable with kidney bean, cheese & tomato burrito PASTA OF THE DAY Pasta with Tomato & basil sauce Jacket Potato Station Jacket, sweet potatoes Cheddar cheese Vegetables & Sides Braised rice, taco, corn on cob, green beans, beans Dessert Apple crumble & custard	Autumn vegetable soup Primary Fish Fingers or jumbo sausage hot dog Main Course Battered fish or jumbo sausage hot dog Vegetarian Option Mac N cheese topped with Vegetarian mince Jacket Potato Station Jacket, squash, cheddar cheese, Vegetables & Sides Chipped Potatoes, Garden Peas, beans Dessert Fresh Cut Fruit Yoghurt pots Jelly pots