



# Saint Nicholas Lunch Week Two

# MENU



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Pea & mint soup  <b>Sustainable Monday</b> Pasta with selection of sauces  <b>Pasta Sauces</b> Tomato & fresh basil  Creamy Mushroom & spinach & broccoli pasta bake topped with mozzarella cheese  Thai Cauliflower, sweet potato & aubergine coconut curry  <b>Jacket Potato Station</b> Jacket, sweet potatoes or squash, Cheddar cheese  <b>Vegetables &amp; Sides</b> Garlic slice, braised rice, green beans, beans  <b>Dessert</b> Chocolate chip short bread	Sweet potato & coconut Thai soup <b>Primary</b> Pork sausages & onion gravy  <b>Main Course</b> Pork sausages & onion gravy  <b>Vegetarian Option</b> BBQ Falafel, roasted pepper & humous wrap  <b>PASTA OF THE DAY</b> Pasta with tomato & basil sauce  <b>Jacket Potato Station</b> Jacket, sweet potatoes or squash, Cheddar cheese  <b>Vegetables &amp; Sides</b> Mashed potato, peas, Cauliflower cheese, beans  <b>Dessert</b> Pear pie & Custard	Cream of cauliflower soup <b>Primary</b> Roast chicken thighs with gravy  <b>Main Course</b> Lemon & rosemary chicken thigh with gravy  <b>SENIORS</b> Mac N Cheese topped with Pulled Cajun pork  <b>Vegetarian Option</b> Sweet potato, Butterbean & spinach burger topped with tomato salsa  <b>Jacket Potato Station</b> Jacket, sweet potatoes or squash, Cheddar cheese  <b>Vegetables &amp; Sides</b> Roast potato, Broccoli and carrots, beans  <b>Dessert</b> Orange Drizzle slice	Broccoli soup <b>Primary</b> Braised Beef & baby onion pie  <b>Main Course</b> Braised Beef & baby onion pie  <b>Vegetarian Option</b> Vegan cheese, Sweetcorn, Black Eye Bean and roasted vegetable in a Soft Tacos  <b>PASTA OF THE DAY</b> Pasta with tomato & oregano sauce  <b>Jacket Potato Station</b> Jacket, sweet potatoes or squash, Cheddar cheese  <b>Vegetables &amp; Sides</b> Roasted new potatoes, roasted vegetables, beans  <b>Dessert</b> Apricot slice	Roasted vegetable soup <b>Primary</b> Fish Fingers or Chicken nuggets  <b>Main Course</b> Battered fish or jumbo sausage  <b>Vegetarian Option</b> BBQ Quorn & squash filled pita bread  <b>Jacket Potato Station</b> Jacket, sweet potatoes or squash, Cheddar cheese  <b>Vegetables &amp; Sides</b> Chips, beans, peas, tartare sauce,  <b>Dessert</b> Fresh Cut Fruit Platter Greek Yoghurt pot Jelly pot