



Saint Nicholas Lunch Week Three

MENU



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Bacon / Sausage / hash brown / beans Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit
Lunch	Lunch	Lunch	Lunch	Lunch
Tomato & Basil Soup Sustainable Monday Pasta with selection of sauces Pasta Sauces Tomato & fresh basil Spanish smoked olive, courgette & mixed bean sauce Spinach, sweet potato & ricotta lasagne topped with pesto Jacket Potato Station Jacket, sweet potatoes or squash, Cheddar cheese, Vegetables & Sides Garlic slice, Sweetcorn, parmesan, beans Dessert Pear Crumble & Custard	Roasted Carrot & honey soup Primary Hoi sin Chicken & vegetables Main Course Hoi sin Chicken & vegetables Vegetarian Option Honey & ginger Quorn & vegetables PASTA OF THE DAY Pasta with tomato & oregano sauce Jacket Potato Station Jacket, sweet potatoes or squash, Cheddar cheese Vegetables & Sides Egg noodles, stir fry vegetables, prawn crackers, vegetable spring roll, beans Dessert Mixed berry sponge & cream	Spanish bean & tomato soup Primary Roast gammon & gravy Main Course Roast gammon & gravy Vegetarian Option Chunky Vegetarian mince shepherdess pie SENIORS Braised beef casserole Jacket Potato Station Jacket, sweet potatoes or squash, Cheddar cheese Vegetables & Sides Crispy roast potatoes, broccoli, carrots, beans Dessert Marmalade slice	Broccoli soup Primary Turkey, corn & leak pie Main Course Turkey, corn & leak pie PASTA OF THE DAY Pasta with beef bolognaise Vegetarian Option Onion bhaji, roasted vegetable & mint yoghurt wrap Jacket Potato Station Jacket, sweet potatoes or squash, Cheddar cheese Vegetables & Sides Thyme new potatoes, roasted cauliflower, green beans, beans Dessert Homemade Fruity flap jack	Roasted sweet potato soup Primary Beef Burger in bap / fish fingers Main Course Beef Burger in bap / battered fish Vegetarian Option Vegetable sausage toad in the hole & onion gravy Hot Pot Cajun chicken wings X4 Jacket Potato Station Jacket, sweet potatoes or squash, Cheddar cheese Vegetables & Sides Chips, burger cheese, lettuce, tomato, beans Dessert Fresh Cut Fruit Greek Yoghurt Jelly pot