

SAINT NICHOLAS SCHOOL

Hobbs Cross Road
Old Harlow
Essex CM17 0NJ
01279 429910



Headmaster: Mr A D Petty BA MSc PGCE FRSA

17th September 2020

Dear Parents,

We continue to very much enjoy all being back on site and working with the pupils in person. However, as we approach the cold and flu season we thought that it is important to underline the different symptoms that may occur between COVID-19 and your child having a cold or the flu. If you are concerned about your child having some symptoms and you would like to discuss this, please do contact a senior member of staff. Below is a grid to highlight the difference between general cold and symptoms of COVID-19.

If your child is only suffering signs of a cold, you should send them to school.

Signs and Symptoms	Cold Symptoms	COVID-19 Symptoms
High temperature	No	Yes
Fever	No	Yes
Persistent dry cough	No	Yes
Shortness of breath	No	Yes
Loss of taste or smell	No	Yes
Sore throat	Yes	No
Swollen glands	Yes	No
Runny nose	Yes	No
Short bursts of coughing or chesty cough	Yes	No

If you think your child does have symptoms of COVID-19, please keep them off school until they have been tested. If you seek advice from your doctor about symptoms, they must confirm in writing that your child is COVID-19 free. If you have more than one child that attends Saint Nicholas, please keep them all off school, until you have the results of the test on the child who is symptomatic. If this occurs either out of hours or at the weekend, please contact the School by using the following email address: covidnotification@saintnicholasschool.net

We are also sending a flow chart to advise you on the process for the self-isolation and testing of your child. This should only be done if your child is testing positive for COVID-19.

You can access a COVID-19 test by contacting

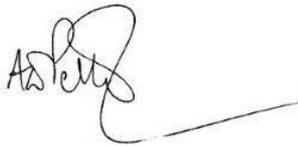
- NHS 119
- <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/>
- Pay for a private test via your health care package
- Your local authority may have a drive in test centre

In the event your child has a COVID-19 test you are obliged to provide the result to the School in order for your child or children to return.

Thank you for your continued cooperation and support: everything that we are doing is with the aim of keeping our site and all the members of the Saint Nicholas community as safe as possible.

With best wishes.

Yours sincerely,



A. D. Petty
Headmaster

