

WEEKLY

# MENU

## Saint Nicholas Lunch Menu - Week 3



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Quorn Stir-Fry

Chicken Breast served with a Mushroom & Tarragon Sauce

Mild Beef Curry served with Rice

Roast Pork served with Sausagemeat Stuffing & Gravy

Fish Fingers or Battered Fish

Cherry Tomato & Sweet Pepper Pasta Bake

Roasted Mediterranean Vegetables with Cous Cous

Roasted Beetroot, Plum Tomato & Goat's Cheese Tart

Spinach & Ricotta Cannelloni

Stuffed Mushrooms

Egg Noodles

Parsley Potatoes

New Potatoes

Crispy Roast Potatoes

Chunky Chips

Green Beans & Sugar Snap Peas

Steamed Carrots & Broccoli

Garden Peas & Sweetcorn

Steamed Vegetables

Mushy Peas, Peas & Baked Beans

Jacket Potatoes with a Selection of Fillings

Full Salad Bar

Bread & Butter Pudding served with Custard

Chocolate Sponge served with Chocolate Sauce

Orange & Poppy Seed Cake

Red Cherry Tray Bake

Fresh Fruit Salad or a Selection of Yoghurts

Available daily

Filled Baguettes, freshly cut Fruit, Yoghurts