
SAINT NICHOLAS SCHOOL

Personal, Social, Health and Economic Education Policy (PSHEE)

Note: This policy applies to all sections of the school including EYFS.

Date: June 2019

Review Date: June 2020

PSHEE education at Saint Nicholas is a programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives now and in the future. As part of a whole-school approach, PSHEE education develops the qualities and attributes pupils need to thrive as individuals, family members and members of society. PSHEE can help the school to reduce or remove many of the barriers to learning experienced by pupils, significantly improving their capacity to learn and achieve. The PSHEE Programme makes a significant contribution to pupils' spiritual, moral, social and cultural (SMSC) development, their behaviour, wellbeing and safety.

The aim of PSHEE is to equip pupils with the knowledge, understanding, skills and strategies required to live healthy, safe, productive, capable, responsible and balanced lives. It encourages them to be enterprising and supports them in making effective transitions, positive learning and career choices and in achieving economic wellbeing. Careers advice and guidance forms a significant aspect of the PSHEE provision particularly as pupils enter Year 7 & Year 8 and look towards choices for GCSE. **Paul Wilson to elaborate.**

PSHEE contributes to personal development by actively promoting the fundamental British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs. A critical component of PSHEE education is providing opportunities for children and young people to reflect on and clarify their own values and attitudes and explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future.

The PSHEE programme at Saint Nicholas promotes respect and tolerance for others particularly with regard to protected characteristics under the Equality Act 2010, which states that it is against the law to discriminate against someone because of:

- age
- disability
- gender
- reassignment
- marriage and civil partnership
- pregnancy and maternity
- race
- religion or belief
- sex
- sexual orientation

The PSHEE curriculum helps pupils to build their confidence, resilience and self-esteem, and to identify and manage risk, make informed choices and understand what influences their decisions. It enables them to recognise, accept and shape their identities, to understand and accommodate difference and change, to manage emotions and to communicate constructively in a variety of settings. Developing an understanding of themselves, empathy and the ability to work with others will help pupils to form and maintain good relationships, develop the essential skills for future employability and better enjoy and manage their lives.

Teaching children to keep safe forms an important part of the PSHEE curriculum. Safeguarding children from Radicalisation and guiding them towards an understanding of the dangers

presented by the internet in an age appropriate way is a key strand within the provision.

AIMS

PHSEE at Saint Nicholas aims to provide pupils with:

1. accurate and relevant knowledge;
2. opportunities to turn that knowledge into personal understanding;
3. opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities;
4. the skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.

SUBJECT CONTENT

The three overlapping and linked 'Core Themes' (Health and wellbeing, Relationships, Living in the Wider World), expressed as areas of core knowledge, understanding, language, skills and strategies, are taught in accordance with pupils' readiness, are appropriate across all Key Stages and build on Early Years Foundation Stage Learning. It is important to recognise that many decisions about both health and lifestyle are made in a social context or are influenced by the attitudes, values and beliefs of significant others.

PSHEE should respect and take account of pupils' prior learning and experiences and should reflect the universal needs shared by all children and young people as well as the specific needs of the pupils at Saint Nicholas. PSHEE should prepare pupils for both their futures and their present day-to-day lives. It is essential that pupils have the opportunity to recognise and reflect on how learning is relevant to them and can be applied in their own lives. PSHEE has a rich body of knowledge taught through topics. Learners need to 'know about...', 'know how to...' and also 'be able to...'

ORGANISATION AND DELIVERY OF PSHEE

(Please see Schemes of Work for detailed breakdown of content)

Pre-School

PSHEE themes, appropriate to the ages of the pupils, are explored throughout the curriculum.

Lower School (Rec-Year 5)

PSHEE is taught for one hour a week across the lower school and delivered by class teachers. In Reception, Year 1 & 2 the classes have two half hour lessons and in Year 3-5 the classes have one half an hour lesson and two fifteen minute lessons at the end of the day.

Middle School (Years 6-8)

PSHEE is taught for one hour a week across Years 6-8 and delivered by a specialist teacher. Area specialists may be invited into school to discuss issues related to health, drugs, body image and online safety. Pupils are also given talks on career progression and interview techniques. Focus days are organised to promote pupils' overall well-being.

Upper School (Years 9- 11)

PSHEE is taught within the Pathways Programme. Year 9 have 90 minutes and Yr10-11 have 60 minutes of PSHEE per week.