



# Saint Nicholas Lunch Week One

# MENU



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Tomato & Basil <b>PASTA BAR</b> Macaroni / Fusilli / Wholemeal  Tomato & fresh basil  Vegetable mince ragu  Ricotta, spinach, cherry tomato & zucchini sauce  <b>Vegetables &amp; Sides</b> Homemade focaccia, marinated olives, roquette, pimento pesto, roquette pesto, sundried tomato, parmesan, grated cheddar, salsa Verde, chilli oil, rosemary oil, lemon oil,  <b>Roasted vegetables</b>  Jacket or sweet potatoes, beans  <b>Dessert</b> Chocolate Brownie	Parsnip soup  <b>Main Course</b> Mild chicken madras curry with spinach, peas & coriander  <b>Vegetarian Option</b> Mild Thai aubergine, broccoli, pepper & lentil curry  <b>PASTA OF THE DAY</b> Pasta with tomato & oregano sauce  <b>Jacket Potato Station</b> Jacket, sweet potatoes, cheddar cheese, beans  <b>Vegetables &amp; Sides</b> Braised rice, roasted cauliflower, green beans.  <b>Dessert</b> Apple & vanilla mousse cup topped with caramel sauce	Carrot soup  <b>Main Course</b> Roast Gammon Gravy  <b>Vegetarian Option</b> Sweet potato, butternut, spinach & cauliflower buttery filo parcel  <b>PASTA OF THE DAY</b> Pasta with Tomato & oregano sauce  <b>Jacket Potato Station</b> Jacket, squash, cheddar cheese, beans  <b>Vegetables &amp; Sides</b> Roast Potatoes, broccoli, carrots.  <b>Dessert</b> Mixed berry yogurt topped apricot puree and fruity granola	Butternut  <b>Main Course</b> Braised chunky beef, carrot & pea pie  <b>Vegetarian Option</b> Vegetable mince & kidney bean chili Taco boat topped with sour cream & nachos.  <b>PASTA OF THE DAY</b> Pasta with Tomato & basil sauce  <b>Jacket Potato Station</b> Jacket, sweet potatoes Cheddar cheese  <b>Vegetables &amp; Sides</b> Roasted new potatoes, corn on cob, Savoy cabbage.  <b>Dessert</b> Coconut jam slice	Tomato soup  <b>Primary</b> Fish Fingers or Battered chicken burger  <b>Main Course</b> Battered fish or Battered chicken burger  <b>Vegetarian Option</b> Cheese, tomato & sloppy joes pitta pizza  <b>Jacket Potato Station</b> Jacket, squash, cheddar cheese,  <b>Vegetables &amp; Sides</b> Chipped Potatoes, Garden Peas, sliced tomato, Burger cheese.  <b>Dessert</b> Fresh Cut Fruit Yoghurt pots Jelly pots