Saint Nicholas Lunch Week Two

HARRISO

	A CARD OF A CARD AND A CARD A			
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Bacon / Sausage / hash brown	Bacon / Sausage / hash brown /	Bacon / Sausage / hash brown /	Bacon / Sausage / hash brown /	Bacon / Sausage / hash brown
/ beans / egg	beans / egg	beans / egg	beans / egg	/ beans / egg
Selection of Pastries	Selection of Pastries	Selection of Pastries	Selection of Pastries	Selection of Pastries
Pancake bar	Pancake bar	Pancake bar	Pancake bar	Pancake bar
Porridge bar	Porridge bar	Porridge bar	Porridge bar	Porridge bar
Assorted Yogurt pot	Assorted Yogurt pot	Assorted Yogurt pot	Assorted Yogurt pot	Assorted Yogurt pot
Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit
Lunch	Lunch	Lunch	Lunch	Lunch
Spring Pea & fresh mint soup	Sweet potato & coconut curried	Carrot	Cauliflower soup	Roasted vegetable soup
	soup			Primary
Sustainable Monday		Primary	Primary	Jumbo Primary
Spaghetti / Fusilli	Main Course	Pork sausages & onion gravy	Beef macaroni cheese bake	Hot dog or jumbo fish finger
	Mild Chicken chipotle coriander			
Pasta Sauces	taco with onion and peppers	Main Course	Main Course	Main Course
Tomato & fresh basil		Pork sausages & onion gravy	Beef macaroni cheese bake	Hot dog or battered fish
	Vegetarian Option			
Mac N Cheese	Breaded barbeque Quorn, spinach,	Vegetarian Option	Vegetarian Option	Vegetarian Option
	roasted broccoli & butternut squash	Moroccan falafel tortilla cup with	Homemade potato, spinach &	Breaded vegetable burger,
Curried coconut cauliflower,	wrap	roasted vegetable topped with	onion cheese pasty	lettuce & tomato in bap
sweet potato & aubergine		homemade humous		
	PASTA OF THE DAY		PASTA OF THE DAY	Jacket Potato Station
Jacket Potato Station	Pasta with tomato & basil sauce	PASTA OF THE DAY	Pasta with tomato & oregano	Jacket, butternut, cheese &
Jacket, Butternut, cheese &		Pasta with tomato & basil sauce	sauce	beans
beans	Jacket Potato Station			
	Jacket, sweet potatoes, cheese &	Jacket Potato Station	Jacket Potato Station	Vegetables & Sides
Vegetables & Sides	beans	Jacket, butternut, cheese &	Jacket, sweet potatoes, cheese &	Chips, peas, tartare sauce,
Garlic slice, pilau rice, green		beans	beans	ketchup, mustard, fried onions
beans	Vegetables & Sides			
	Braised rice, carrots, sweetcorn	Vegetables & Sides	Vegetables & Sides	Dessert
Dessert	kernels	Mashed potato, peas, roasted	Roasted new potato, roasted	Fresh Cut Fruit Platter
Chocolate chip short bread		cauliflower	vegetables	Greek Yoghurt pot
	Dessert			Jelly pot
	Orange drizzle slice	Dessert	Dessert	
		Oreo cheese cake cup	Mixed berry iced slice	