



Saint Nicholas Lunch Week Three

MENU



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit
Lunch	Lunch	Lunch	Lunch	Lunch
Tomato & Basil Soup Sustainable Monday Fusilli / Wholemeal pasta Pasta Sauces Tomato & fresh basil Mushroom & oregano cream sauce Spinach & ricotta ravioli in a pimento & spinach tomato sauce Jacket Potato Station Jacket, sweet potatoes cheese Vegetables & Sides Garlic slice, roasted vegetables Dessert Jam & coconut slice	Mediterranean vegetable soup Main Course Pulled turkey fajita flat bread with coriander & sauté vegetables Vegetarian Option Vegan meatless meat balls, kidney bean chilli con carne PASTA OF THE DAY Pasta with tomato & oregano sauce Jacket Potato Station Jacket, squash, cheese, beans Vegetables & Sides Braised rice, green beans, corn on cob, cucumber & pickled slaw salad Dessert Chocolate brownie	Spanish bean & tomato soup Primary Roast gammon & gravy Main Course Roast gammon & gravy Vegetarian Option Vegetable sausage Yorkshire pudding topped with fried onions PASTA OF THE DAY Pasta with tomato & oregano sauce Jacket Potato Station Jacket, sweet potatoes cheese Vegetables & Sides Roast potatoes, broccoli, carrots Dessert Raspberry whip topped with mixed berry compote	Broccoli soup Primary BBQ & maple chicken topped with roasted peppers Main Course BBQ & maple chicken topped with roasted peppers Vegetarian Option Tofu, vegan cheese & mixed vegetable Quesadilla PASTA OF THE DAY Pasta with tomato & oregano sauce Jacket Potato Station Jacket, squash, cheese, beans Vegetables & Sides New potatoes parsley butter, sweetcorn, roasted cauliflower Dessert Lemon drizzle slice	Roasted courgette & plum tomato soup Primary Beef Burger in bap / Jumbo fish fingers Main Course Beef Burger in bap / battered fish Vegetarian Option Vegan sausage hot dog with fried onions Jacket Potato Station Jacket, sweet potatoes cheese Vegetables & Sides Chips, Peas, tartare sauce, burger cheese, lettuce, tomato, mustard Dessert Fresh Cut Fruit Greek Yoghurt Jelly pot