

Saint Nicholas Lunch Week Three





Greek Yoghurt Jelly pot

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	Monday	Tuesday	Wednesday	Thursday	Friday
8	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Bacon / Sausage / hash brown	Bacon / Sausage / hash brown	Bacon / Sausage / hash brown /	Bacon / Sausage / hash brown /	Bacon / Sausage / hash brown /
	/ beans / egg	/ beans / egg	beans / egg	beans / egg	beans / egg
	Selection of Pastries	Selection of Pastries	Selection of Pastries	Selection of Pastries	Selection of Pastries
	Pancake bar	Pancake bar	Pancake bar	Pancake bar	Pancake bar
3	Porridge bar	Porridge bar	Porridge bar	Porridge bar	Porridge bar
2	Assorted Yogurt pot	Assorted Yogurt pot	Assorted Yogurt pot	Assorted Yogurt pot	Assorted Yogurt pot
S	Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit
	Lunch	Lunch	Lunch	Lunch	Lunch
Ę	Tomato & Basil Soup	Mediterranean vegetable soup	Spanish bean & tomato soup	Broccoli soup	Roasted courgette & plum
				Primary	tomato soup
	Sustainable Monday	Main Course	Primary	BBQ & maple chicken topped	tomato
Ž	Fusilli / Wholemeal pasta	Pulled turkey fajita flat bread	Roast gammon & gravy	with roasted peppers	Primary
3		with coriander & sauté			Beef Burger in bap / Jumbo fish
E	Pasta Sauces	vegetables	Main Course	Main Course	fingers
	Tomato & fresh basil		Roast gammon & gravy	BBQ & maple chicken topped	
	Marsham O	Vegetarian Option	Wallandanian Outlan	with roasted peppers	Main Course
	Mushroom & oregano cream	Vegan meatless meat balls,	Vegetarian Option	Variation Outlan	Beef Burger in bap / battered
	sauce	kidney bean chilli con carne	Vegetable sausage Yorkshire	Vegetarian Option	fish
1	Chinach & ricatta raviali in a	DASTA OF THE DAY	pudding topped with fried onions	Tofu, vegan cheese & mixed	Vegeterien Ontien
	Spinach & ricotta ravioli in a	PASTA OF THE DAY	PASTA OF THE DAY	vegetable Quesadilla	Vegetarian Option
=	pimento & spinach tomato	Pasta with tomato & oregano		PASTA OF THE DAY	Vegan sausage hot dog with fried onions
	sauce	sauce	Pasta with tomato & oregano	Pasta with tomato & oregano	ined officials
		Jacket Potato Station	sauce	sauce	
S	Jacket Potato Station	Jacket, squash, cheese, beans	Jacket Potato Station	Sauce	Jacket Potato Station
2	Jacket, sweet potatoes cheese	dacket, squasii, circese, bearis	Jacket, sweet potatoes cheese	Jacket Potato Station	Jacket, sweet potatoes cheese
Ē	backet, sweet potatoes oncese	Vegetables & Sides	duoket, sweet potatoes oncese	Jacket, squash, cheese, beans	ducket, sweet potatoes cheese
	Vegetables & Sides	Braised rice, green beans,	Vegetables & Sides	dante, equati, enece, beans	Vegetables & Sides
	Garlic slice, roasted	corn on cob,	Roast potatoes, broccoli, carrots	Vegetables & Sides	Chips, Peas, tartare sauce,
\leq	vegetables	cucumber & pickled slaw		New potatoes parsley butter,	burger cheese, lettuce, tomato,
	5	salad	Dessert	sweetcorn, roasted cauliflower	mustard
	Dessert		Raspberry whip topped with	,	
	Jam & coconut slice	Dessert	mixed berry compote	Dessert	Dessert
Š		Chocolate brownie	,	Lemon drizzle slice	Fresh Cut Fruit
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