



Saint Nicholas Lunch Week One

MENU



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake bar Porridge bar Assorted Yogurt pot Whole Fresh Fruit
Lunch	Lunch	Lunch	Lunch	Lunch
Spring vegetable	Summer Tomato & oregano	Curried cauliflower & coconut	Roasted broccoli	Carrot & mixed bean soup
Sustainable Monday Macaroni / Fusilli	Main Course Spanish chicken thigh topped with roasted peppers, onions & chopped olives	Primary Roasted pork shoulder	Primary Mild Mexican beef burrito	Primary Fish Fingers or Chicken nuggets
Pasta Sauces Tomato & fresh basil	PASTA OF THE DAY Pasta with Tomato & oregano sauce	Main Course Roasted pork Shoulder	Main Course Mexican braised beef taco	Main Course Battered fish or breaded chicken burger
Baby spinach & veggie mince ragu	Vegetarian Option Sweet potato, pumpkin & baby spinach lasagne	Vegetarian Option Vegetarian mince & mixed bean topped with crunchy nachos & topped with Greek yogurt	PASTA OF THE DAY Pasta with Tomato & basil sauce	Vegetarian Option Margarita Pizza
Mushroom & garlic cream sauce	Jacket Potato Station Jacket or squash, Cheddar cheese, beans	PASTA OF THE DAY Pasta with Tomato & oregano sauce	Vegetarian Option Feta, spinach, leek & pimento tart topped with tomato salsa	Jacket Potato Station Jacket, sweet potatoes, Cheddar cheese, beans
Quorn & vegetable hoi sin noodles	Vegetables & Sides Roasted herby potatoes, roasted cauliflower, green beans	Jacket Potato Station Jacket or sweet potatoes, Cheddar cheese, beans	Jacket Potato Station Jacket or squash, Cheddar cheese, beans	Vegetables & Sides Chipped Potatoes, Garden Peas, beans
Jacket Potato Station Jacket or sweet potatoes Cheddar cheese,	Dessert Summer strawberry Mousse cup	Vegetables & Sides Roast Potatoes, broccoli, carrots	Vegetables & Sides Braised rice, taco, corn on cob, whole green beans	Dessert Fresh Cut Fruit Greek Yoghurt pots Jelly pots
Vegetables & Sides Garlic slice, roasted vegetables		Dessert Carrot & sunflower seed iced slice	Dessert Marble cake topped with chocolate drizzle	
Dessert Coconut and apricot flap jack				