



Saint Nicholas Lunch Week Three

MENU



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake or waffle Porridge bar Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake or waffle Porridge bar Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake or waffle Porridge bar Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake or waffle Porridge bar Yogurt pot Whole Fresh Fruit	Bacon / Sausage / hash brown / beans / egg Selection of Pastries Pancake or waffle Porridge bar Yogurt pot Whole Fresh Fruit
Lunch	Lunch	Lunch	Lunch	Lunch
Pea & basil PASTA BAR Fusilli / Wholemeal pasta Tomato & fresh basil Spinach, ricotta & pea in creamy sauce Vegetable Lasagne Vegetables & Sides Homemade focaccia, marinated olives, rocket, pimento pesto, rocket pesto, sundried tomato, parmesan, grated cheddar, salsa Verde, chilli oil, rosemary oil, lemon oil Cauliflower, sweetcorn Jacket, sweet potatoes, beans Dessert Jam & coconut slice	Cauliflower & chive Main Course Greek style turkey with mint, crushed feta, Greek yoghurt & sauté vegetables Pitta bread (½) Vegetarian Option Pitta bread topped with vegan meatless meat balls, feta & spinach PASTA OF THE DAY Pasta with tomato & oregano sauce Jacket Potato Station Jacket, squash, cheese, beans Vegetables & Sides Braised rice, green beans, roasted vegetables Dessert Chocolate brownie	Tomato & bean Main Course Roast chicken & gravy Vegetarian Option Vegetable sausage Yorkshire pudding topped with fried onions PASTA OF THE DAY Pasta with tomato & oregano sauce Jacket Potato Station Jacket, sweet potatoes cheese Vegetables & Sides Roast potatoes, broccoli, carrots Dessert Raspberry whip topped with mixed berry compote	Broccoli Main Course Meat balls in rich spinach tomato sauce Vegetarian Option Mixed vegetables & bean, vegan cheese Quesadilla PASTA OF THE DAY Pasta, tomato & asparagus bake Jacket Potato Station Jacket, squash, cheese, beans Vegetables & Sides Braised brown rice, corn on cob, spring greens Dessert Lemon drizzle slice	Roasted courgette & plum tomato Primary Beef Burger in bap / Jumbo fish fingers Main Course Beef Burger in bap / battered fish Vegetarian Option Vegan sausage hot dog with fried onions Jacket Potato Station Jacket, sweet potatoes cheese Vegetables & Sides Chips, Peas, tartare sauce, burger cheese, lettuce, tomato, mustard Dessert Fresh Cut Fruit Greek Yoghurt Jelly pot