

### Saint Nicholas Lunch Menu - Week: One

# MENU



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M	on	da	IV

Breakfast			
Bacon / Sausage / Hash			
Brown / Baked Beans / Egg			
Selection of Pastries			
Pancake Bar			
Porridge Bar			
Assorted Fruit Yoghurt			
Whole Fresh Fruit			
Lunch			

#### Soup of the Day Roasted Carrot

#### **Sustainable Monday**

#### Pasta Bar

Tomato & Fresh Basil

Carbonara

Roasted Vegetable Lasagne

#### **Jacket Potato Bar**

Including Sweet Potato, Butternut, Squash with toppings

## Vegetables & Sides Garlic Bread / Broccoli

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#### Dessert

Chocolate Brownie

# Tuesday Breakfast Bacon / Sausage / Hash Brown /

Baked Beans / Egg
Selection of Pastries
Pancake Bar
Porridge Bar
Assorted Fruit Yoghurt
Whole Fresh Fruit

#### Soup of the Day Broccoli

#### Main Course

Mild Chicken Fajita Wrap served with Peppers and Onion

#### Vegetarian

Meatless Ball Wrap served with Peppers, Onion and Tzatziki

#### Pasta Bar

Pasta with Marinara Sauce

#### **Jacket Potato Bar**

Including Sweet Potato, Butternut, Squash with toppings

#### **Vegetables & Sides**

Braised Rice / Sweetcorn

#### Dessert

Lemon Drizzle Cake

# Wednesday

Bacon / Sausage / Hash Brown /
Baked Beans / Egg
Selection of Pastries
Pancake Bar
Porridge Bar
Assorted Fruit Yoghurt
Whole Fresh Fruit

Soup of the Day Roasted Butternut

Lunch

#### **Main Course**

Pork Sausages served with Onion Gravy

#### **Vegetarian Option**

Root Vegetable Crumble

#### Pasta Bar

Pasta with Roasted Pepper Sauce

#### **Jacket Potato Bar**

Including Sweet Potato, Butternut, Squash with toppings

#### Vegetables & Sides

Mashed potato, Peas, Roasted Carrots

#### Dessert

Apple & Forest Fruit Crumble served with Custard

#### Thursday Breakfast

Bacon / Sausage / Hash Brown / Baked Beans / Egg Selection of Pastries Pancake Bar Porridge Bar Assorted Fruit Yoghurt Whole Fresh Fruit

#### Lunch

Soup of the Day Pea & Mint

#### Main Course

Beef Keema Curry

#### Vegetarian Option

Chickpea and Vegetable Curry

#### Pasta Bar

Pasta with Marinara Sauce

#### **Jacket Potato Bar**

Including Sweet Potato, Butternut, Squash with toppings

#### **Vegetables & Sides**

Rice, Roasted Cauliflower & Naan Bread

#### Dessert

Mixed Berry Yoghurt topped with Fruity Granola

# Friday Breakfast

Bacon / Sausage / Hash Brown / Baked Beans / Egg Selection of Pastries Pancake Bar Porridge Bar Assorted Fruit Yoghurt Whole Fresh Fruit

#### Lunch

Soup of the Day Tomato

#### Main Course

Fish Fingers / Chicken Burger

#### **Vegetarian Option**

Pitta Pizza topped with Plum Tomato & Meatless Meatballs

#### **Jacket Potato Bar**

Including Sweet Potato, Butternut, Squash with toppings

#### **Vegetables & Sides**

Chips, Peas, Tartare Sauce, Pickles

#### Dessert

Fresh Cut Fruit Platter Greek Yoghurt Pot Jelly Pot