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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday**  |
| **Breakfast** | **Breakfast** | **Breakfast** | **Breakfast** | **Breakfast** |
| Whole Milk / soya milkSelection of CerealFruitYogurt potToast | Whole Milk / soya milkSelection of CerealFruitYogurt potToast | Whole Milk / soya milkSelection of CerealFruitYogurt potToast | Whole Milk / soya milkSelection of CerealFruitYogurt potToast | Whole Milk / soya milkSelection of CerealFruitYogurt potToast |
| **Lunch** | **Lunch** | **Lunch** | **Lunch** | **Lunch** |
| **Hot Main**Quorn & vegetable hoi sin noodles Plain wholemeal pastaTomato sauceRoasted vegetables½ Garlic slice**Dessert**Fruity yoghurt potFruit | **Hot Main**Spanish chicken thigh topped with roasted peppers, onions & chopped olives**Hot Vegetarian**Sweet potato, pumpkin & baby spinach lasagne **Vegetables & Sides**Herb potatoes, Baked cauliflower, green beans**Dessert**Fruity jellyFruit | **Hot Main**Roast pork shoulder **Hot Vegetarian**Vegetarian mince & vegetable with mixed bean – (tortilla crisps served separately)**Vegetables & Sides**Roast potatoes, Steamed broccoli & carrots**Dessert**Fruity yoghurt potFruit | **Hot Main**Mild Mexican braised beef **Hot Vegetarian**Feta, spinach, leek & pepper tart **Vegetables & Sides**Rice, sweetcorn & green beans**Dessert**Fruity JellyFruit | **Hot Main**Tuna lasagne**Hot Vegetarian**Butternut squash, sweetcorn & courgette coconut milk gratin **Vegetables & Sides**Crushed sweet potato, Garden Peas, **Dessert**Fresh sliced Cut Fruit Fruity yoghurt pot |
| Tea 4.00 | Tea 4.00 | Tea 4.00 | Tea 4.00 | Tea 4.00 |
| Selection of cruditesCool spring vegetable broth with crusty baguette | Baked squash with baked beans | Wholemeal tomato, spinach & pea pasta salad topped with roasted chicken | Jacket potato & Spaghetti hoops | Carrot, mixed bean & spinach broth with wholemeal bread |

**Rocking Horse Nursery Week One**