

## PRE SCHOOL & NURSERY SNACK MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Boiled egg (½) with cucumber sticks	Carrot sticks & Plum halves with humous dip	Bagel (¼) with red pepper dip & sliced cucumber	Satsuma	Rice cake with parsley cream cheese
Gluten Free	Gluten Free	Gluten Free	Gluten Free	Gluten Free
		Gluten free bread with red pepper dip sliced cucumber		Rice cake with parsley cream cheese
Egg Free	Egg Free	Egg Free	Egg Free	Egg Free
Gluten free bread with sliced cucumber & spreads				
Dairy Free	Dairy Free	Dairy Free	Dairy Free	Dairy Free
				Rice cake with spreads
Watermelon slice	Banana	Fruity Yogurt	Sliced cheese with sliced cucumber & crackers	Sliced Pineapple & plum halves
Gluten Free	Gluten Free	Gluten Free	Gluten Free	Gluten Free
			Gluten free bread with sliced cheese and sliced cucumber	
Egg Free	Egg Free	Egg Free	Egg Free	Egg Free
Dairy Free	Dairy Free	Dairy Free	Dairy Free	Dairy Free
			Dairy free cheese with sliced cucumber & crackers	