

PUPIL NAME:

SAINT NICHOLAS SCHOOL

CLASS:

MENU

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	A	Spaghetti Bolognese and Peas	100% Beef Meat Balls with Rice and Peas	Toad in the Hole, Vegetable Mash, peas	Chicken Korma with Rice	Roast Beef, Potatoes and Cauliflower
	B	Cheese Tomato Quiche and Salad	Jacket Potato with Cheese and Beans	Italian Penne Pasta and Salad	Veggie Burger in a Bun	Brie and Ham Salad
	C	Chocolate Muffin	Vanilla Ice Cream	Doughnut	Lemon Sponge and Custard	Chocolate Caramel Slice
	D	Melon	Peach	Fresh Fruit Salad	Banana	Orange
WEEK 2	A	Chicken Penne Pasta in Tomato Sauce with Green Beans	Turkey Supreme with Tomato Salsa, Potato Wedges	100% Cod Fish Fingers, Chips and Baked Beans	Oven Baked Chicken with Broccoli & Croquette Potatoes	Roast Pork, Apple Sauce, Roast Potatoes and Carrots
	B	Assorted Sandwiches	Tuna Pasta Bake and Salad	Thai Seasoned Chicken and Salad	Vegetarian Sausage and Salad	Jacket Potato with Cheese and Salad
	C	Flapjack	Apple Crumble and Custard	Chocolate Button Cake	Fruit Yoghurt	Choc Ice
	D	Pineapple	Grapes	Melon	Apple	Plum
WEEK 3	A	Chicken Pie, New Potatoes and Broccoli	Pork Escalope with Italian Sauce and Braised Rice	Cod in Breadcrumbs with Green Beans and Carrots and Chips	Roast Chicken, Roast Potatoes and Cabbage	Sausages, Noisette Potatoes, Peas & Carrots
	B	Mozzarella and Tomato Salad	Cheese and Onion Pasty and Salad	Beef Salad	Cheese and Egg Salad	Swiss Cheese Croissant and Salad
	C	Chocolate Mousse	Bakewell Tart	Small Iced Finger Bun	Jelly and Ice Cream	Chocolate Sponge and Chocolate Sauce
	D	Banana	Grapes	Pineapple	Orange	Pear
WEEK 4	A	Oven Baked Chicken with Broccoli and Croquette Potatoes	Pizza, Jacket Wedges and Green Beans	Fish Fingers, Parmentier Potatoes, Carrots	100% Beefburger and Chips with Spaghetti in Tomato Sauce	Roast Turkey, Roast Potatoes, Peas and Swede
	B	Leek Flan and Salad	Vegetarian Lasagne and Salad	Assorted Sandwiches	Tuna and Sweetcorn Salad	Cheese and Egg Salad
	C	Arctic Roll	Jam Sponge Pudding and Custard	Chocolate Brownie	Fruit Yoghurt	Trifle
	D	Plum	Melon	Grapes	Banana	Apple